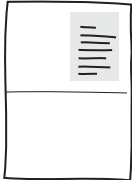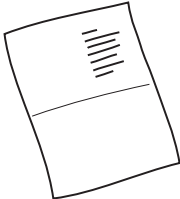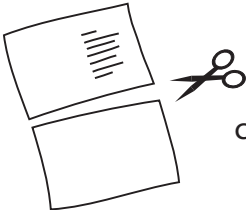1. enter text

2. print it

3. cut along the marked line

4. fold the card