

Emergency Plan

Meeting point near home

Meeting point outside area

Out-of-area contact

Doctor / vet

Family contacts (name · mobile · work / school)

Where to turn off gas · water · electricity

Signature

Date

Grab Bag

- | | |
|--|---|
| ☐ Water (1 l per person) | ☐ Snacks / energy bars |
| ☐ Torch & batteries | ☐ Phone charger / power bank |
| ☐ First-aid kit | ☐ Medication (7 days) |
| ☐ Copies of documents | ☐ Cash |
| ☐ Whistle | ☐ Blanket / foil blanket |
| ☐ Warm clothes | ☐ Hygiene items |
| ☐ Baby / pet supplies | ☐ Radio (wind-up) |
| ☐ Keys (spare) | ☐ Notebook & pen |
| ☐ Multi-tool | ☐ Masks & gloves |
| ☐ Games / comfort item for kids | ☐ Contact list (paper) |